The Word of Wisdom

D&C 89

Look for the Caffeine prohibition!

Which is legal according to the scriptures: Coca Cola or Hot Chocolate?

1. Given by Revelation - 2
2. Showing the Temporal Salvation of ll saints in the last days - 2
3. Behold, verily, thus saith the Lord unto you: I have warned you, and forewarn you, by giving unto you this word of wisdom by revelation - 4
4. wine or strong drink is not good, only in assembling yourselves together to offer up your sacraments - 5
5. this should be pure wine of the grape, of your own make - 6
6. strong drinks are for washing of your bodies - 7
7. tobacco is not for the body - 8
8. hot drinks are not for the body or belly - 9
9. I, the Lord, have ordained flesh for beasts and fowls of air for the use of man with thanksgiving; nevertheless they are to be used sparingly; - 12
10. Meat should not be used, only in times of winter, or of cold, or famine - 13
11. All grain is ordained for the use of man - 14
12. wheat for man, barley for mild drinks, as also other grain - 17
13. all saints who remember to keep and do these sayings, walking in obedience to the commandments, shall receive health in their navel and marrow to their bones - 18
14. and shall run and not be weary, and shall walk and not faint - 20